

# Books about Self-esteem for kids



Available on Libby



Available on Hoopla



Available at the library

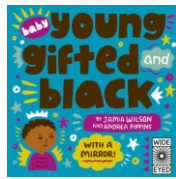


Audio format available



950 W 600 N  
Logan, UT 84321  
435 716-9123

library.loganutah.org



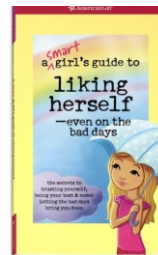
**Baby young, gifted, and black**  
by Jamia Wilson  
BOARD BOOK

Introduce your baby to Black excellence with this lyrical board-book edition of Young, Gifted and Black. A collection of positive, yet simple, affirmations to encourage the next generation



**I feel proud: why do I feel proud today?**  
by Tamara Schmitz  
PICTURE BOOK SCHMITZ

Sometimes it feels like you've got a star shining inside of you. Being proud is a nice feeling! Learn about how being proud feels, why it's important, and all the ways you can feel proud of yourself and others.



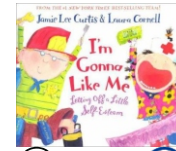
**A smart Girl's guide to liking herself - even on the bad days ...**  
by Laurie E Zelinger  
J155.4 ZELLINGER

Discussing how high self-esteem can turn a good day into a great one, while low self-esteem can make a bad day even worse.



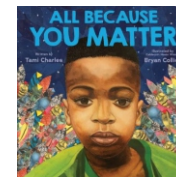
**No Difference between us: teaching children...**  
by Jayneen Sanders  
J649.7 SANDERS

Explore with the children in your care the important issues of gender equality and respectful relationships. Combining cheerful illustrations and a simple but effective narrative, this book will help children to understand that, fundamentally, there is no difference between us.



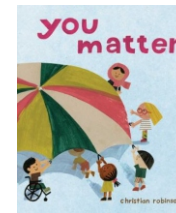
**I'm gonna like me: letting off a little self-esteem**  
by Jamie Lee Curtis  
PICTURE BOOK CURTIS

A little boy learns that he did not cause his parent's divorce because of the mess he made with chocolate pudding, and describes his new life living with his dad and seeing his mom on weekends.



**All because you matter**  
by Tami Charles  
PICTURE BOOK CHARLES

A lyrical, heart-lifting love letter to Black and Brown children everywhere reminds them how much they matter, that they have always mattered and they always will.



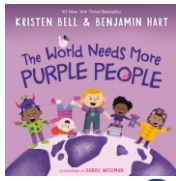
**You Matter**  
by Christian Robinson  
PICTURE BOOK ROBINSON

Illustrations and easy-to-read text remind the reader that no matter what happens or how one feels, he or she matters.



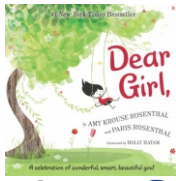
**Magnificent homespun brown: a celebration**  
by Samara Cole Doyon  
PICTURE BOOK DOYON

Told by succession of exuberant young narrators, Magnificent Homespun Brown is a story- a song, a poem, a celebration- about feeling at home in one's own beloved skin.



**The world needs more purple people**  
by Kristen Bell  
PICTURE BOOK BELL

What is a purple person? Great question. I mean, really great! Because purple people always ask really great questions. They bring their family, friends, and communities together, and they speak up for what's right. They are kind and hardworking! Purple person is an everyday superhero!



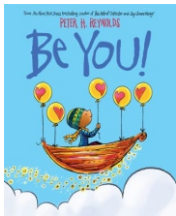
**Dear Girl**  
by Amy Krause Rosenthal  
PICTURE BOOK ROSENTHAL

Encourages readers to accept and love themselves as they are and advises them to be confident, curious, adaptable, and willing to speak up.



**Incredible you**  
by Rhys Brisenden  
PICTURE BOOK BRISENDEN

Ever had a bad day and wished that you were someone else? Perhaps a mountain gorilla? Or a fierce tiger? But wait . . . just think of all the amazing things that you can do! You can sing, you can write, and you can dream. And never stop being incredible you!



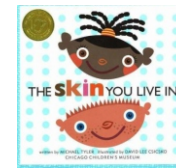
**Be You!**  
by Peter H Reynolds  
FICTION REYNOLDS

Discover a joyful reminder of the ways that every child is unique and special, from the beloved creator of The Dot, Happy Dreamer, and New York Times bestseller, The Word Collector. Here, Reynolds reminds readers to "be your own work of art." To be patient, persistent, and true. Because there is one, and only one, YOU.



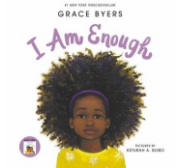
**All the ways to be smart**  
by Davina Bell  
PICTURE BOOK BELL

A tender, funny, and exquisite picture book celebrating all the unique and wonderful qualities that make children who they are. With heartwarming rhyming text all about knowing what makes you special, All the Ways to Be Smart is a wonderful introduction to conversations about self-esteem.



**The skin you live in**  
by Michael Tyler  
PICTURE BOOK TYLER

Rhyming text and illustrations celebrate being content with the skin in which one lives, whatever that skin might be.



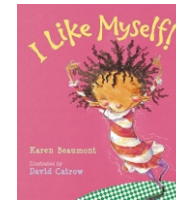
**I am enough**  
by Grace Byers  
PICTURE BOOK BYERS

Shares a story of loving who you are, respecting others and being kind to one another



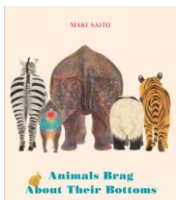
**Seeds and Trees**  
by Brandon Walden  
PICTURE BOOK WALDEN

The story of a young prince who grows up giving and receiving seeds (words). He faithfully plants and waters those seeds daily, until they grow to become very powerful trees. Later, with the help of a friend, he is able to cut down and uproot the bad ones and then replant good seeds in their place.



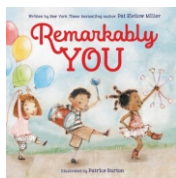
**I like myself**  
by Karen Beaumont  
PICTURE BOOK BEAUMONT

In rhyming text, a little girl expresses confidence and joy in her uniqueness, no matter her outward appearance.



**Animals brag about their bottoms**  
by Maki Saito  
PICTURE BOOK SAITO

All bottoms are wonderful! Each animal in this adorable book has a different reason for loving their behind--from cute and round to fashionable and striped! Kids will laugh out loud at playful illustrations of the backsides of hippos, zebras, pandas, mandrills, and more of our favorite animals.



**Remarkably you**  
by Pat Zietlow Miller  
PICTURE BOOK MILLER

Rhyming text encourages young readers to discover what they are good at and use it to make a difference in big ways or in small ones.



**The ugly one**  
by Leanne Statland Ellis  
FICTION ELLIS

At the height of the Incan empire, a girl called the Ugly One because of a disfiguring scar on her face, seeks to have the scar removed and instead finds a life path as a shaman.

